HIRAKUZA Child Bento

1 Vegetable Furikake Onigiri
2 Roasted Seaweed Onigiri
3 Broccoli
4 Shumai
5 Boiled carrots
6 Omelet
7 Fried chicken
8 Wiener
9 Fried shrimp
10 Minced meat cutlet
11 Meat dumplings Meatballs

1 Vegetable Furikake Onigiri

Rice, vegetable rice seasoning

"Furikake" is a traditional Japanese seasoning that is mainly sprinkled on rice before eating. It flavors vegetables deliciously and makes them easy for children to eat as well.

Allergen: None

2 Roasted Seaweed Onigiri

Rice, roasted seaweed

Thinly sliced seaweed is crisped up to a toasty point, then wrapped around rice.

Allergen: None

3 Broccoli

Allergen: Salmon

4 Shumai

Onions, chicken, pork

Shumai is a steamed dish originating from China, consisting of ground pork wrapped in a thin dough made of wheat flour and water. It has been adapted to suit Japanese tastes and is a highly popular menu item in Japan.

Allergens: Wheat, soybeans, chicken, pork

5 Boiled carrots

Carrots

Boiled carrots are made easy to eat by seasoning them with dashi or soy sauce, among other flavors.

Allergens: Wheat, dairy, soybeans, mackerel

6 Omelet

Egg

This side dish has been made by frying beaten eggs in a frying pan. It pairs perfectly with other side dishes.

Allergens: Eggs, soybeans

7 Fried chicken

Chicken

Japanese karaage (Fried chicken) is marinated and then fried chicken, allowing the flavors to penetrate and creating a delicious taste.

Allergens: Wheat, eggs, chicken, soybeans

8 Wiener

Chicken, pork

Japanese sausages are popular for their juicy and tender texture, as well as their unique flavor achieved through ingredients like soy sauce and sugar.

Allergens: Eggs, dairy, wheat, soybeans, chicken, pork

9 Fried shrimp

Shrimp

Fried shrimp "Ebi fry" is one of Japan's popular dishes, made with deep-fried shrimp.

Allergens: Shrimp, wheat

10 Minced meat cutlet

Chicken, onion

Minced cutlet (Menchikatsu), a staple fried dish in Japan, is enjoyed in bento boxes and home cooking.

Allergens: Wheat, dairy, beef, chicken, soybeans

11 Meat dumplings/Meatballs

Chicken, onion

Meatballs finished with a Chinese-style sweet and sour sauce are one of the classic menu items in bento boxes.

Allergens: Wheat, dairy, soybeans, chicken, pork