

Vegetable Furikake Onigiri

Rice, vegetable rice seasoning

"Furikake" is a traditional Japanese seasoning that is mainly sprinkled on rice before eating. It flavors vegetables deliciously and makes them easy for children to eat as well.

Allergen: None

2 Ketchup Spaghetti Spaghetti, tomato ketchup, onion

Japanese-style comfort dish with spaghetti, tomato ketchup and onions.

Allergen: Wheat

3 Broccoli **Allergen: Salmon**

Shumai

Onions, chicken, pork

Shumai is a steamed dish originating from China, consisting of ground pork wrapped in a thin dough made of wheat flour and water. It has been adapted to suit Japanese tastes and is a highly popular menu item in Japan. Allergens: Wheat, soybeans, chicken, pork

Boiled carrots are made easy to eat by seasoning them

Boiled carrots

Carrots

with dashi or soy sauce, among other flavors. Allergens: Wheat, dairy, soybeans, mackerel

frying pan. It pairs perfectly with other side dishes.

Japanese Style Omelet

This side dish has been made by frying beaten eggs in a

Egg

Allergens: Eggs, soybeans

Japanese karaage (Fried chicken) is marinated and

7 Fried chicken

then fried chicken, allowing the flavors to penetrate and creating a delicious taste.

Chicken

Allergens: Wheat, eggs, chicken, soybeans 8 Wiener Chicken, pork

Japanese sausages are popular for their juicy and

tender texture, as well as their unique flavor achieved through ingredients like soy sauce and sugar.

Allergens: Eggs, dairy, wheat, soybeans, chicken, pork Fried shrimp Shrimp

Fried shrimp "Ebi fry" is one of Japan's popular dishes, made with deep-fried shrimp. Allergens: Shrimp, wheat

10 Minced meat cutlet

Chicken, onion

Minced cutlet (Menchikatsu), a staple fried dish in Japan, is enjoyed in bento boxes and home cooking.

Allergens: Wheat, dairy, beef, chicken, soybeans

11 Meat dumplings/Meatballs Chicken, onion

Meatballs finished with a Chinese-style sweet and sour sauce are one of the classic menu items in bento boxes.

Allergens: Wheat, dairy, soybeans, chicken, pork



